

KEYSTAGE 1

YEAR 1

KEEPING SAFE

Learn about rules that keep us safe.

Learn how to keep safe in unfamiliar environments.

HEALTH AND WELL BEING

Understand which foods support good health.

Learn simple hygiene routines that can stop germs from spreading.

Learn about the things that help people feel good (e.g., playing outside, doing things they enjoy).

RESPECTING SELF AND OTHERS

Know how to listen to other people and play and work cooperatively.

Know how to talk about their opinions on things that matter to them.

LIVING IN THE WIDER WORLD

What are rules and why are they needed and why are different rules needed for different situations.

Learn about how people and other living things have different needs; about the responsibilities of caring for them.

Learn about the things they can do to look after the environment.

ECONOMIC WELLBEING: ASPIRATIONS, WORK AND CAREER

Learn about different jobs that people do.

Learn about the strengths and interests someone might need to do different jobs.

YEAR 2

YEAR 3

KEEPING SAFE

Understand how to predict, assess and manage risk in different situations.

HEALTH AND WELL BEING

Learn how to make informed choices about health.

Learn about the elements of a balanced, healthy lifestyle.

To learn about strategies and behaviours that support mental health – including spending time outdoors.

RESPECTING SELF AND OTHERS

Listen to and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own.

LIVING IN THE WIDER WORLD

Recognise the reasons for rules and laws and the consequences of not adhering to rules and laws.

Learn about the value the different contributions that people and groups make to the community.

ECONOMIC WELLBEING: ASPIRATIONS, WORK AND CAREER

Recognise that there are a broad range of jobs/careers that people have and that people often have more than one career/type of job during their life.

KEYSTAGE 2

YEAR 5

KEEPING SAFE

Learn about strategies for keeping safe in the local environment or unfamiliar places.

HEALTH AND WELL BEING

Know what constitutes a healthy diet; benefits to health and well being of eating nutritionally rich foods; risks associated with not eating a healthy diet, including obesity and tooth decay.

Know that bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection.

RESPECTING SELF AND OTHERS

Consider how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with.

LIVING IN THE WIDER WORLD

Understand the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others.

Learn the ways of carrying out shared responsibilities for protecting the environment and how everyday choices can affect the environment.

ECONOMIC WELLBEING: ASPIRATIONS, WORK AND CAREER

Learn about stereotypes in the workplace and that a person's career aspirations should not be limited by them.

Understand factors that might influence people's decisions about a job or career (e.g., personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs).

Recognise a variety of routes in careers .

YEAR 6